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GROUNDBREAKING NEW CANCER SURVIVOR RESEARCH

New Study to Commence

The National Centre for Cancer Survivorship (NCCS) has launched a ground-breaking new research study into understanding the mechanism through which exercise may help cancer patients and survivors.

Professor David Goldstein from the NCCS said the study was all about understanding why exercise may make a difference to a cancer survivor’s quality of life and recovery.

“We’re going to study cancer survivors who have recently completed treatment for breast cancer, colon cancer or lymphoma,” Professor Goldstein said.

“The study will examine the biology of why exercise may make a difference in future health outcomes of cancer survivors.

“It will primarily focus on comparing moderate exercise with high impact exercise, and what affect it may have on the inflammatory response of the patient,” he said.

The National Centre for Cancer Survivorship, formerly the New South Wales Cancer Survivors Centre is located at the University of New South Wales. The organisation has also recently undergone a rebranding to increase its profile and raise public awareness.

“Even though our name has changed, our mission of finding new and better ways to care for cancer survivors hasn’t,” Professor Goldstein said.

“Almost 1 million Australians are now cancer survivors. While it’s comforting to know that four out of five children, and two out of three adults who are diagnosed with cancer will survive long term, life after cancer presents its own unique set of health challenges. This makes our research more important than ever.”

Any cancer survivors interested in participating in research studies should contact the NCCS via their website http://nccs.unsw.edu.au/join-research-study or phone 02 9385 1390.

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